

# **Quit Cigarettes in 60 Minutes GUARANTEED!**



**FREE REPORT**

Let us make it easy for you to Quit!

**1300-983-717**

**[www.quitsmokingfast.com.au](http://www.quitsmokingfast.com.au)**

# Why Don't People Quit Cigarettes?

Everyone knows cigarettes are not good for them. Everyone knows they spend too much money on cigarettes.

So, *why* do people continue to smoke? And better yet, why is it so hard for so many people to quit cigarettes? 63% of smokers want to quit. But they don't. Why?

Because we are all different.

- Some people do not want to put on weight
- Some people do not want to go through the withdrawal symptoms.
- Some people do not think they have the will power to quit cigarettes
- Some people smoke to relieve stress and relax
- Some people are addicted to cigarettes

The biggest reason of all – Because smoking cigarettes is not actually under your control.

How many cigarettes a day do you actually enjoy? For most people, it's maybe 4 or 5. All the others you smoke almost unconsciously. Smoking cigarettes is usually done by your unconscious mind.

It is like driving. When you first learned how to drive, you had to consciously think about it. But what do you do now when you drive? You go down the road, eating your lunch, talking on your phone, and playing with the stereo. You drive unconsciously.

When you first started to smoke, you also did it consciously. But now, it is something your unconscious mind does automatically.

So unless you deal with the individual reasons unique to each person, you will not have any luck in quitting cigarettes long term.

## This System Makes Quitting Cigarettes Easy!

# Have You Tried To Quit Before?

Why didn't it work?

- Did you not want to deal with the withdrawal symptoms?
- Did you start gaining weight?
- Did you just start smoking cigarettes for no real reason?
- Did you have just one? And it turned into more?
- Did you get tricked into it?
- Or some other reason?

The beauty of this system is that it deals with all the reasons that are unique to you.

It even goes one step further. This system is pro-active in removing a lot of the common reasons people fail, before they even happen.

For example, with this system, we help find and create new habits so you don't gain any weight from eating more when you quit cigarettes.

Also, we help remove the withdrawal symptoms from the addictive aspects of cigarettes, doesn't that sound good?

## Our Guarantee

We are so confident in this system, that we are still one of the few hypnotherapist who back up our quit cigarettes session with a *long-term* guarantee.

This means that if you ever start smoking cigarettes again, whether it is two days or six months down the road, we will do a follow up session at no charge to help you quit cigarettes for good.

You may be wondering how we can offer these free back up sessions to our clients for such a long time...

***Nicole said: "I feel I can start the new ME! I can now be the person I want to be without cigarettes holding me back."***

***Danielle said: "I feel so much better about myself. The session was calm & relaxing and I'm very glad that I decided to use this system."***

# 95% Quit

The reason we can offer our unique *long-term* guarantee is because we have such a high success rate. More than 80% of people quit cigarettes in the first session.

For those that do not, they attend a free follow up session. Overall, 95% of people will quit after our sessions.

## What Is Involved?

You will call up the number on this brochure and book your reservation.

You will then fill out some paperwork, send it to us and show up for your session.

You will meet with your quit cigarettes specialist and begin your session which will consist of:

- some background information about you and your habit,
- Talking with you about your specific reasons and excuses about why you are not quitting,
- Talking about the system and how it works,
- Doing the system which will include advanced hypnosis, NLP, reframing, and other systems, and
- Giving you support materials to help insure you remain a non-smoker for life.

## What It Is Not

- No pain
- No major life changes
- No chemicals
- No dangerous drugs
- No patches or pills
- No needles

***Lynette said: "The process of hypnosis & NLP was far easier than I anticipated & less stressful. In fact, because of my determination prior, I now feel more positive & empowered than at any other time in my life. I am now a 'NON-SMOKER', therefore EMPOWERED"***

# **Nothing to Fear - Your Life to Gain**

## **How does this system work?**

50% of why this system works so well is because of Advanced Hypnosis. The old myths and misconceptions about hypnosis have given way to proven, scientifically sound applications. Today, the use of hypnosis is seen in medicine, dentistry, law enforcement, professional sports and education.

The other 50% of this system is working with your individual needs. It uses NLP, destroying myths, and getting rid of habits, just to name a few.

## **How does hypnosis work?**

Our minds work on two levels – the conscious and the unconscious. We make decisions, think and act with our conscious mind. The unconscious mind controls our habits. In the relaxed state known as hypnosis, we can communicate directly with the unconscious mind. This is why it is so quick and easy to change habits of a lifetime with hypnosis.

## **Will This System work for me?**

Everyone with an Average IQ can be successful in using this system. And since the session is custom tailored to your individual needs, it works for almost anyone.

## **How will I know if the system works?**

Because you will have quit cigarettes and will feel great being a non-smoker. Many people never even experience withdrawal symptoms after the session. In fact, some feel as if they have never smoked cigarettes.

## **Is this system safe?**

This system is based mostly on advanced hypnosis and NLP. And both of these systems are completely safe. You are aware and in control at every moment and can stop the session at any time. You cannot get stuck in hypnosis. You can't be made to do something against your will! Hypnosis is a safe, relaxing, and enjoyable experience.

## **How does this system help me to quit cigarettes?**

Because your reasons for smoking cigarettes are different than other people's reasons. The areas you need help in are different than your friends. And since we custom tailor the session to you and address your specific needs, you become a non-smoker with ease

***Agnes said: "I found it very informative & felt very relaxed. I will recommend it to everyone I come into contact with"***

***Travis said: "I found the process to be professional, in a relaxed environment, with the end result successful"***



Ian Kaminskyj is a Lover of Life and enjoys helping people improve their lives and be happier and healthier for it. He is part of a network of leading specialists using the most effective process available today to quit cigarettes - with an astonishing success rate of 95%. This is a proven system that has worked for thousand of clients. Ian is absolutely committed to helping you *become a non-smoker now and backs it up with a long-term guarantee.*

*Let us make it easy for you to Quit. All you have to do is pick up the phone, make an appointment and keep that appointment. From that moment on, your cigarette problem is solved – Guaranteed!*

**1300-983-717**

**[www.quitsmokingfast.com.au](http://www.quitsmokingfast.com.au)**

**Mulgrave Neighbourhood House**  
Mackie Rd, Mulgrave, Victoria